

★ Appetizers ★

All Items Should Be Considered Fleishik

FRENCH FRIES	4.65	SEASONED FRIES	5.65
SWEET POTATO FRIES	8.20	WINGS, RINGS & THINGS	12.30
Served with barbecue dipping sauce		Half order each of hot flyin' wings, beer-battered onion rings, beer battered chicken tenders, served with chili sauce & celery sticks - NO SUBSTITUTIONS	
HOT FLYIN' WINGS	9.80	LOUISIANA BONELESS BUFFALO	13.35
A dozen spicy or barbecue chicken wings served with celery sticks & chipotle pepper dip		WINGS	
BEER-BATTERED CHICKEN	14.50	Tender and spicy, served with celery sticks & chipotle pepper dip	
TENDERS		BEER-BATTERED ONION RINGS	8.25
Served with barbecue dipping sauce		Served with chili sauce	
SMOKED BRISKET NACHOS	16.99		
Topped with salsa, guacamole, imitation cheddar, scallions & cilantro			

★ House Made Soups ★

CHICKEN SOUP (GF)	6.00	SPLIT PEA WITH BRISKET (GF)	6.00
VEGETARIAN CHILI (GF)	6.00		

★ Kids Menu ★

Children 10 and under. Served with one side: Fries, seasoned fries (added 0.75), carrot sticks, apple slices. Includes a chocolate chip cookie & small soda.

CHICKEN NUGGETS	8.00	GRILLED CHICKEN BREAST	8.00
HAMBURGER	8.00	HOT DOG	8.00

★ Lunch Specials ★

Monday - Friday until 4 pm only. Seasoned Fries extra 0.75. No substitutions.

½ SANDWICH WITH SOUP OR SALAD ...	12.00	HOLY COW HAMBURGER	9.00
No Combo. Petite Garden or Caesar.		Served with a medium fries and 20 oz drink	

★ Salads ★

Add 2 scoops tuna salad: Extra \$3.50

Add grilled chicken breast: Extra \$4.50

Add grilled, rosemary or blackened salmon: Extra \$6.50

Add grilled steak: Extra \$8.50

GARDEN GREEN SALAD 11.25

Mixed greens topped with julienne of fresh vegetables, and served with Italian dressing

TROPICAL SPINACH SALAD 11.50

Baby spinach topped with avocado, mandarin oranges, thinly sliced red onion, served with tropical vinaigrette

CARIBBEAN GRILLED CHICKEN SALAD 17.50

Chopped romaine, pineapple, mandarins, raisins, red pepper, scallions, cilantro, sesame seeds, served with honey-lime vinaigrette

MEDITERRANEAN CHICKEN SALAD 17.50

Spice-rubbed grilled chicken breast tossed with mixed greens, cucumbers, peppers, chickpeas, olives, scallions, served with a light lemon vinaigrette

ACCENTS CAESAR SALAD 11.50

A delicious blend of romaine, julienne sun dried tomato, herbed croutons, parsley and house-made creamy Caesar dressing

MEXICAN CHOPPED SALAD 13.50

Chopped romaine, tomato, jicama, corn, radish, avocado and cilantro, served with jalapeño-lime vinaigrette

MANDARIN CHICKEN SALAD 17.50

Grilled chicken breast on a bed of mixed greens with julienne of carrots, cucumbers, mandarins, scallions, crisp noodles, served with Oriental vinaigrette

SMOKED TURKEY & CHICKEN COBB SALAD 17.50

Romaine lettuce topped with grilled chicken, smoked turkey, red onions, mushrooms, fresh tomato, hard boiled egg, served with a Dijon vinaigrette

★ Burgers & Dogs ★

Served on a Kaiser Roll with French Fries. Soft Buns or Wheat Buns on Request. Seasoned Fries extra \$1.00, Grilled Onions extra \$1.00.

LIGHTLIFE PLANT BASED BURGER 14.5

With lettuce, tomato, red onion, pickles and Russian dressing. Vegan. Soy Free. Gluten Free (contains Pea Protein)

HOLY COW BBQ BURGER 10.50

¼ lb Burger smothered with BBQ sauce, and topped with lettuce, tomato, onion, pickles, Russian dressing

HOLY COW EXTREME BURGER 14.50

½ lb Burger with lettuce, tomato, onion, pickles, Russian dressing

KENTUCKY BOURBON BURGER 15.50

½ lb Burger smothered in our bourbon-shallot sauce with lettuce, tomato, onion, pickles, Russian

CHAOS BURGER 1 POUNDER (AKA THE KALMAN BURGER) 24.50

Two 8oz burger patties (not for the faint of heart) with Russian, lettuce, tomatoes, pickle chips and sautéed onions

ACCENTS HOT DOG 9.50

HOLY COW HAMBURGER 9.50

¼ lb Burger with lettuce, tomato, onion, pickles, Russian dressing

HOLY COW PASTRAMI BURGER 14.50

¼ lb Burger with grilled pastrami, lettuce, tomato, onion, pickles, Russian dressing

SOARING WINGS BURGER 15.5

½ lb Blackened seasoned burger with mesclun, tomato, red onion, pickles, chipotle sauce, and topped with two hot flyin' wings

ENGLISH PUB BURGER 15.5

½ lb Burger smothered in English pub sauce with lettuce, tomato, and grilled onions

CUBANO BURGER 16.50

½ Pound Burger with Grilled tomato, frizzled onions, re-fried beans and guacamole

★ Subs, Sandwiches, Flatbreads ★

Served with a Side of French Fries

BUFFALO CHICKEN RANCH SANDWICH 15.50

Savory coated, fried chicken breast with lettuce, tomato, ranch, and spicy buffalo sauce on the side

FRENCH DIPPER SUB 15.50

Thinly sliced grilled steak on a grilled sub roll served with gravy dipping sauce

GRILLED ROAST BEEF & PASTRAMI SUB ... 15.95

Thinly sliced roast beef and pastrami, topped with with sautéed onions, lettuce, tomato and mayo

HOLY COW STEAK SUB 18.50

Grilled steak strips tossed with sautéed onions, lettuce, tomato & mayo

CHICKEN SHNITZEL SUB 16.50

Breaded, deep-fried chicken breast with lettuce, tomato and Russian dressing

PULLED BBQ BEEF SUB 18.50

Slow roasted pulled beef with BBQ sauce, topped with grilled onions OR coleslaw

MS. MARTHA'S N.Y. DELI SUB 19.50

Corned beef, roast beef, pastrami & turkey, lettuce, tomato, sautéed onion, Russian, & coleslaw served hot

PHILLY STEAK SUB 16.50

Thinly sliced roast beef, topped with sautéed onions and peppers, lettuce, tomato, and Russian dressing

GRILLED CHICKEN SANDWICH 15.50

Flame grilled, seasoned chicken breast with lettuce, tomato, red onion and mayo

BBQ CHICKEN FLATBREAD 17.50

House-made flatbread topped with seasoned chicken, grilled red onion, grilled tomato, pareve provolone, cilantro

SOUTHWESTERN STEAK FLATBREAD .. 18.50

House-made flatbread topped with seasoned grilled steak thinly sliced, garlic aioli, red onion, tomato, corn, parsley

★ Entrées Hot Off the Grill ★

Served with Your Choice of Two Sides

COFFEE RUBBED STEAK 27.95

10-12oz Grass fed rib eye rubbed with a coffee spice rub and charbroiled to order

KOREAN BBQ STEAK 27.95

10-12oz Grass fed rib eye rubbed with a Korean BBQ spice rub and charbroiled to order

BRISKET PLATTER 25.95

8 oz Oven Braised brisket with pan gravy

BLACK BEER & BROWN SUGAR STEAK 27.95

10-12oz Grass fed rib eye in a black beer and brown sugar marinade charbroiled to order

GRILLED CHICKEN PLATTER 17.95

Seasoned grilled chicken or shnitzel

SALMON PLATTER 17.95

Grilled, rosemary or blackened salmon fillet served with tarragon-caper sauce

★ Sides ★

Chopped Salad 4.50

Coleslaw 4.50

Flame Grilled Vegetables 6.50

Roasted String Beans 4.95

Red Potato Salad 4.50

Petite Garden or Caesar Salad 4.95

Roasted Red Potatoes 5.95

Mashed Potatoes 5.95

★ Deli & Wraps ★

All items available on white or wheat wrap, white or wheat sub, kaiser roll or wheat kaiser roll, rye bread. Udi's Gluten Free Bread on request - Extra \$2.50

FAJITA CHICKEN WRAP 16.50
Fajita chicken, refried beans, sautéed peppers and onions, guacamole & salsa

TUNA OR CHICKEN SALAD SANDWICH 13.50
Choice of bread or wrap with lettuce, tomato, pickle spear and choice of potato salad or coleslaw

TERIYAKI FIRED BEEF WRAP 16.50
Marinated grilled beef with cabbage, carrots, peppers, rice and Asian marinade in a fresh tortilla

GRILLED CHICKEN WRAP 15.50
Seasoned grilled chicken breast with lettuce, tomato, onion & mayo in a fresh tortilla

MS. MARTHA'S BALTIMORE DELI 17.50
SUB
Turkey, bologna, salami, pastrami, lettuce, tomato, onions, Russian, mustard & coleslaw served cold

BRISKET SANDWICH 16.50
6oz Brisket on choice of bread served with a pickle spear, potato salad or coleslaw

FIRE GRILLED VEGETABLE WRAP 12.50
Fire broiled eggplant, zucchini, yellow squash, red pepper, mushroom and red onion with mayo, mesclun greens and fresh tomatoes

BUFFALO CHICKEN WRAP 16.50
Beer battered chicken tenders with a side of BBQ dipping sauce. No charge for a little coleslaw in the wrap....

TURKEY AVOCADO WRAP 14.50
Deli turkey, avocado, lettuce and tomato

DELI SANDWICH - 6OZ 13.50
Choice of Corn Beef, Roast Beef, Pastrami, Turkey or Smoked Turkey. Select: bread, wrap, lettuce, tomato, onion, mayo, mustard, Russian. Served with a pickle spear and potato salad or coleslaw

DELI SANDWICH - ½ POUND 17.50
Choice of Corn Beef, Roast Beef, Pastrami, Turkey or Smoked Turkey. Select: bread, wrap, lettuce, tomato, onion, mayo, mustard, Russian. Served with a pickle spear and potato salad or coleslaw

★ Desserts ★

CHOCOLATE MOLTEN CAKE 7.50

THREE HOME BAKED CHOCOLATE CHIP COOKIES 2.50

MISSISSIPPI MUD CAKE 6.25

HOMEMADE JUMBO BROWNIE TOPPED WITH VANILLA ICE CREAM & CHOCOLATE SAUCE ... 9.95

STRAWBERRY MOUSSE CAKE 6.25

18% Gratuity will be added to parties of 6 or more

★ Extras ★

TOMATO	0.75	DIPPING SAUCES AND DRESSINGS	0.50
GRILLED ONIONS	1.00	We are happy to provide a complimentary extra dipping sauce or dressing with each order. Beyond that there will be this small additional charge.	
GRILLED PEPPERS	1.00	AVOCADO	2.00

★ Beverages ★

FOUNTAIN 20 OZ	2.25	HOT TEA, COFFEE	2.25
Free refills with in-store dining		PITCHER OF SODA	4.50
UNSWEETENED ICED TEA	2.25	DR BROWN'S SODA	2.50
CANNED SODA	1.95	BOTTLED WATER	1.60
BOTTLED SODA 20 OZ	2.95	NANTUCKET NECTAR	2.85
SNAPPLE	2.50		
ARIZONA	2.75		

★ From the Bar ★

HOUSE WINE BY THE GLASS	8	BEER	7.50
Cabernet, Merlot, Pinot Grigio, White Zinfandel, Chardonnay, Non-sparkling Moscato, Sangria		Yuengling Lager, Blue Moon, Corona, Guinness, Corona Lite, Snakedog, Stella Artois, Angry Orchard Pear Cider, Angry Orchard Crisp Apple Cider	
SPECIALTY WINE BY THE GLASS	9.50	JEUNESSE CABERNET	38
Pinot Noir, Jeunesse, Malbec, Syrah		SEGAL'S FUSION	39
WIENSTOCK MERLOT	35	BARKAN SYRAH	36
PSAGOT CABERNET	68	BARON HERZOG PINOT GRIGIO	39
SANGRIA	32	PERAJ PETITA	53
WEINSTOCK CHARDONNAY	36		
BORGIO REAL PINOT NOIR	45		

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